

Pumpkin Spice Granola

Nutrition Facts

Serving Size: 1.5 oz (43g)

Servings Per Container: 8

Amount Per Serving

Calories 210 Calories from Fat 180

% Daily Value*

Total Fat 20g **31%**

Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 10mg **3%**

Sodium 65mg **3%**

Total Carbohydrate 11g **4%**

Dietary Fiber 3g **12%**

Sugars 1g

Sugar Alcohol 5g

Protein 5g

Vitamin A 0% • Vitamin C 0%

Calcium 4% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: WALNUTS, ALMONDS, ERYTHRITOL, SUNFLOWER SEEDS, COCONUT OIL, COCONUT, EGG, ALMOND FLOUR, PUMPKIN PIE SPICE, SALT

CONTAINS: EGG, ALMOND, WALNUT, COCONUT

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