

Tuna Salad

Nutrition Facts

Serving Size: 5.0 (510g)

Servings Per Container: 1

Amount Per Serving

Calories 330 Calories from Fat 250

% Daily Value*

Total Fat 28g **43%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 35mg **12%**

Sodium 1280mg **53%**

Total Carbohydrate 3g **1%**

Dietary Fiber <1g **3%**

Sugars <1g

Sugar Alcohol 0g

Protein 19g

Vitamin A 4% • Vitamin C 8%

Calcium 2% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: FISH, TUNA, WHITE, CANNED IN WATER, DRAINED SOLIDS, FRENCH DRESSING (OLIVE OIL, LEMON JUICE, SALT, MUSTARD (WATER, VINEGAR, MUSTARD SEED, SALT, WHITE WINE, FRUIT PECTIN, CITRIC ACID, TARTARIC ACID, SUGAR, SPICE), BLACK PEPPER), SNAP PEAS, BLACK OLIVES, TOMATOES, SALT, THYME, BLUE LAVENDER FLOWERS, ROSEMARY, MARJORAM, FENNEL SEED, SAVORY, & BASIL, BLACK PEPPER

CONTAINS: TUNA

DESSERTCRAZY 1925 FAIRMOUNT AVE
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