

Curried Chicken Salad

Nutrition Facts

Serving Size: 5 oz (142g)

Servings Per Container: 1

Amount Per Serving

Calories 360 Calories from Fat 250

% Daily Value*

Total Fat 27g **42%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 80mg **27%**

Sodium 630mg **26%**

Total Carbohydrate 7g **2%**

Dietary Fiber 3g **12%**

Sugars 3g

Sugar Alcohol 0g

Protein 24g

Vitamin A 4% • Vitamin C 15%

Calcium 4% • Iron 6%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: (BONELESS CHICKEN BREAST, WATER, CONTAINS 2% OR LESS OF THE FOLLOWING: VINEGAR, SALT, NATURAL FLAVORS), CELERY, (AVOCADO MAYONNAISE, MADRAS CURRY POWDER, TURMERIC, FRESH GINGER, ONION POWDER, ALLULOSE, GARLIC POWDER, SALT, LIME, WHITE PEPPER), WALNUTS, SCALLIONS, PARSLEY

CONTAINS: WALNUT

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